INDIVIDUAL CRISIS INTERVENTION
Crisis intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid.” This program is designed for teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

GRIEF FOLLOWING TRAUMA
In the course of one’s career, it is inevitable that professionals will encounter traumatic death and loss issues, both personally and professionally. Professionals often feel ill-prepared to provide effective care throughout the grief process. This course will cover key grief and loss concepts relating to trauma and traumatic death. Participants will increase their knowledge of how trauma impacts the grief process and will gain skills for evaluating and supporting persons who have experienced traumatic death and loss.

SUICIDE PREVENTION, INTERVENTION & POSTVENTION
Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they say they ARE suicidal? How do I deal with the strong emotions suicide generates? This course will provide answers for these and other questions many crisis interventionists have about suicide. It will provide participants with basic information about suicide as well as help participants develop practical skills for prevention, intervention, and postvention. Small group role plays will allow participants to apply the suggested techniques as they are learned.

GROUP CRISIS INTERVENTION
Designed to present the core elements of a comprehensive, systematic, and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings, and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

EMOTIONAL & SPIRITUAL CARE IN DISASTERS
This course will enhance your skills to provide effective emotional and spiritual care (ESC) to meet the disaster related needs of disaster responders and disaster affected families and individuals within disaster operations. This course builds on the crisis intervention principles taught in the Critical Incident Stress Management (CISM) core courses to effectively integrate these principles within ESC teams for appropriate care throughout the disaster continuum from the immediate to long-term recovery process.

PSYCHOLOGICAL FIRST AID
Providing effective emotional and spiritual care to individuals, families, and communities following critical incidents and in times of crisis requires special training, skills, and understanding of the unique role of the crisis responder. This course seeks to prepare frontline helpers to meet the emotional and spiritual needs of survivors by providing a basic understanding of the ministry of presence, connecting, basic assessment skills, appropriate intervention, and developing an ongoing care plan and referral.

“AT THE MOMENT OF TRUTH, YOU WILL NOT RISE TO THE LEVEL OF EXPECTATION, YOU WILL FALL TO THE LEVEL OF TRAINING.”

ABOUT KEVIN
Kevin Ellers, D.Min.
Kevin is the Territorial Disaster Services Coordinator for The Salvation Army in the U.S.A. Central Territory and the president of the Institute for Compassionate Care. He is an associate chaplain with the Illinois Fraternal Order of Police, serves as faculty for the International Critical Incident Stress Foundation, is adjunct professor at Olivet Nazarene University, and is a member of the American Association of Christian Counselors Crisis Response Training Team.

ABOUT JENNIFER
Jennifer Cisney Ellers, MA
Jennifer Cisney is a professional counselor, life coach, mediator, trainer, and author. She is the Team Coordinator for the National Crisis Response Team of the American Association of Christian Counselors (AACC) and the Director of AACC’s Christian Crisis Response Training Program. She led AACC’s response in New York City following 9/11 and functions as coordinator for all of AACC’s responses to local and national disasters.

ABOUT K.C.
K.C. Peterson, CA
K.C. Peterson is a 28 year veteran of the California Fire Service. He has served as a chaplain in the Sacramento Area Fire Chaplaincy and as a member of the Federation of Fire Chaplains. He also served as a CISM Team Leader and as part of an Urban Search & Rescue Task Force. K.C. is an instructor for the International Critical Incident Stress Foundation.

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